

**Everything You Ever Wanted to Know About**

*In-Home Care &  
Community Resources*



**AGENCY ON AGING  
40 11<sup>th</sup> STREET W., SUITE 100  
KALISPELL, MT 59901  
406-758-5730  
Last Edited February 2022**

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## NUTRITION PROGRAMS

### CONGREGATE MEALS

The Agency on Aging provides inexpensive, balanced lunch meals in the spacious dining room at Kalispell Senior Center, and in other local communities. For people who do not enjoy cooking, these meals offer seniors an opportunity to have a mid-day balanced meal and visit with friends and neighbors.

**Congregate meals are offered at five locations. Please call for reservations.**

#### Bigfork Senior Center

Monday, Wednesday, and Friday

639 Commerce Street Bigfork 406-837-4157

#### Columbia Falls North Valley Senior Center

Monday through Friday

205 Nucleus Avenue, Columbia Falls 406-892-4087

#### Kalispell Senior Center

Monday through Friday

40 11<sup>th</sup> Street W, Kalispell 406-758-5711

#### Lakeside Community Chapel "Gathering Place"

Tuesday and Thursday

236 Adams Street, Lakeside 406-844-3413

#### Whitefish Community Center

Monday through Friday

121 E Second Street, Whitefish 406-862-4923

### MEALS ON WHEELS

This is a service that provides the homebound (persons unable to leave their home without assistance) with hot, nutritious noon meals delivered by volunteers Monday through Friday. Special diets such as diabetic, low cholesterol or other special needs may be accommodated.

**Please call for reservations. 406-758-5711.**



**FLATHEAD COUNTY PUBLIC TRANSPORTATION**  
**MOUNTAIN CLIMBER**  
**(Formerly known as EAGLE TRANSIT)**

Mountain Climber provides public transportation within Flathead County. Services include on-demand rides for the general public and people who have conditions that make it difficult for them to access other forms of transportation. All buses and most vans are ADA accessible and equipped with lifts or ramps.

Office hours are 7:00 am to 5:00 pm. You can also view additional information and download schedules and applications from the website at [https://flathead.mt.gov/mountain\\_climber/](https://flathead.mt.gov/mountain_climber/)

**Please call for more information:**

**Ride Dispatch      406-758-5728.**

**TDD Number        800-335-7592**

**Administration    406-758-2426**

**Buses do not run on weekends or holidays except seasonal runs when offered**

**TAXI SERVICE**

**ARROW TAXI**

Phone 406-300-2301

<http://arrowshuttletaxi.com/>

Arrow Shuttle provides transportation services to and from Glacier International Airport, Kalispell. We also provide non-airport rides to the greater Whitefish/Flathead Valley, serving local destinations such as Whitefish Mountain Ski Resort and Glacier National Park.

**VITALITY EMS**

Phone 406-270-6955

<https://www.vitalogyems.com/>

They provide regular transport, wheelchair transport and cot transfers. This company will go outside city limits and charge a flat rate. Employees are all EMS certified and insured. (They will help clients from their door, into the vehicle and back per the owner)

## **INFORMATION/REFERRAL/ASSISTANCE**

The primary purpose of Information, Referral, and Assistance is to aid all older persons in identifying the most appropriate services to meet their needs and connect them to the agencies providing these services. A short interview with one of our resource staff can outline the available services and identify areas of service need.

### **OUTREACH**

This program is set up to identify older persons and inform them of the availability of services. Emphasis is on rural elderly and those with greatest economic or social needs.

### **RESOURCE BOOKLETS**

Financial Assistance, food assistance, low-income housing, energy assistance, Medicaid, tax help, etc.

### **HOUSING**

This booklet contains information on subsidized and non-subsidized senior apartments. Applications for Section 8 homes are available at the Community Action Partnership office in Kalispell, 406-752-6565.

### **LONG TERM CARE**

In-home care consisting of medical, respite, house cleaning, escorted transportation, and support groups. There are also listings of assisted living facilities and nursing homes.

### **\*HOMEMAKER SERVICES**

Designed to help with light housekeeping. Client must provide cleaning supplies and equipment, and must be home when the service is provided. This service is not meant to be a major spring housecleaning event, but is intended to help maintain a clean home.

### **\*ESCORT/ERRAND**

Assisted transportation for a person who has cognitive or physical impairments that require assistance and/or supervision during the transportation. The transportation is usually to medical appointments, but can be used for errands, such as banking, grocery shopping, etc. This program is for those individuals who cannot use public transportation due to a physical impairment or because of rural location.

\*At this time, payment for these services are by donation.

## INFORMATION/REFERRAL/ASSISTANCE cont.

### **\*RESPITE CARE**

Provides relief for the caregiver of an older person at home. Caregiver can take time off to go shopping, run errands or just go visit friends—whatever they feel they need to give themselves a break.

### **HOME HELP LIST**

This is a directory of in-home workers who can be hired privately to meet home and personal care needs. The workers have been screened through an interview process and have had their references checked.

### **CERTIFIED LOCAL OMBUDSMAN**

Advocacy for all residents of long-term care facilities (nursing homes and assisted living facilities), assisting them in resolving problems or complaints. The program serves to monitor the quality of care and life for residents of long-term care facilities. For more information call 406-758-5737.

### **INSURANCE COUNSELING AND ASSISTANCE**

#### **SHIP** (State Health Insurance Program)

Assistance with Medicare/Medicaid and supplemental insurance. We help with finding the best Part D (prescription) plan to meet your needs.

#### **SMP** (Senior Medicare Patrol)

This is a project that recruits volunteers to learn about the Medicare system and teaches beneficiaries how to read their insurance statements. This program is meant to help fight Fraud, Waste and Abuse in the insurance field.

### **MOBILE HOME REPAIR**

This program is designed to help seniors remain at home and get some help with mobile home repairs in order to keep the home safe and sanitary. Adaptive devices can be installed also. **This program is dependent on funding from different sources, please contact Jim Atkinson at 406-270-3035 for availability.**

\*At this time, payment for these services are by donation.

**INFORMATION/REFERRAL/ASSISTANCE cont.**

**HEALTH PROMOTION**

Agency on Aging helps sponsor activities at local senior centers that promote healthy lifestyles, fitness and health care. Activities may include, but are not limited to, exercise classes, blood pressure clinics, etc. Call the Senior Center of your choice for more information.

Bigfork Community Center	406-837-4157
Kalispell Senior Center	406-257-1598
North Valley Senior Center	406-892-4087
Whitefish Community Center	406-862-4923

**LEGAL**

Information on powers of attorney, living wills, reverse mortgage loans, etc. Agency on Aging works with a local attorney to offer 30-minute (Pro bono, Free) counseling sessions. For more information please call the Agency office at 406-758-5730.

**FRIENDLY CALLER SERVICE**

This service to seniors is available Monday through Friday. An Agency on Aging representative will check in with the client to chat and see how the day is going. If there are concerns, a relative or friend is called to check on the client.

**This completes the list of services that Area IX Agency on Aging provides in Flathead County.**

## EMERGENCY RESPONSE SYSTEMS

These systems provide the client with a call button on wristband or neck lanyard. When the alert button is pushed, a live person answers to confirm the button wasn't pushed by mistake. They then call the preset responders or an ambulance.

### **LOGAN HEALTH MEDICAL EQUIPMENT (Formerly KME)**

55 3<sup>rd</sup> Ave. E N, Kalispell MT 59901  
406-752-6111 or 800-525-5982

#### **Freedom Alert**

One-time fee of \$279.99; no monthly fee.

### **MEDSCOPE AMERICA**

222 W. Lancaster Ave., Paoli PA 19301  
800-645-2060

Website [www.medscope.org](http://www.medscope.org) email [info@medscope.org](mailto:info@medscope.org)

#### **Medscope ERS Systems**

\$30.00 flat fee for any home based or mobile device. Price includes activators for the wrist band, pendant and fall detection device. No Activation or setup fees. No phone necessary. Available under Big Sky Medicaid Waiver.

### **NORCO**

2555 Hwy 2 E., Kalispell MT 59901  
406-752-4804 or 800-458-0095

#### **Linear Emergency Response**

No installation fee, \$45.00 monthly service.

### **NORTHWEST MONTANA VETERANS PANTRY**

1349 U.S. Hwy 2 E, Kalispell, MT 59901  
406-756-7304

#### **Guardian Alert**

Call to find out **sign up** fee, monthly cost is \$10.00

### **RADIOACTIVE, INC.**

35 Heritage Way, Kalispell MT 59901  
406-257-5999

**Personal Assistance Console** with voice dialer and water-resistant call pendant.

**Pendant** costs \$99.95 with no monthly fee.

## FREE SMOKE DETECTORS

Senior citizens in Kalispell, Bigfork, Ferndale and Smith Valley may qualify for free smoke detectors, professional installation of the devices and fire prevention advice from local firefighters. More lives are lost every year to home fires than to all major disasters.

To qualify, applicants must be 65 years of age and older and not have a functioning smoke detector in their homes.

The program is a collaborative effort of Red Cross, Lowe's and Kalispell Fire Department. For information, call your local fire department, or American Red Cross at 406-219-7451.

## TELEPHONE EQUIPMENT FOR THE HEARING IMPAIRED

### MONTANA TELECOMMUNICATIONS ACCESS PROGRAM (MTAP)

111 N. Last Chance Gulch, Helena MT 59601

800-833-8503 or 406-444-1335

MTAP has the goal of helping people who are Deaf or Hard of Hearing by offering the aids of amplified telephones and various other pieces of equipment, as well as TTY devices, for the deaf.

All Montana's telephone users fund MTAP's services through a monthly fee on each telephone access line. The service benefits not only the hearing and speech impaired, but all telephone users. These services provide a vital link between those that use specialized equipment and those who use conventional phones.

Montana residents may obtain this equipment free of cost by applying with our program. Call **800-833-8503 for an application.**



pieces

## LOW-INCOME HOUSEHOLD INTERNET DISCOUNT

### AFFORDABLE CONNECTIVITY PROGRAM

[www.acpbenefit.org](http://www.acpbenefit.org)

This program can help low income households pay for internet services. Eligible households can receive up to a \$30.00 per month discount. It is administered by Universal Service Administrative Company (USAC) and the Federal Communications Commission (FCC).

A list of participating service providers is available on the website. Or contact your internet provider for more information.

## MEDICAL EQUIPMENT LOAN CLOSETS

Various local organizations loan medical equipment such as:

- Bath benches and safety seats
- Canes, crutches and walkers
- Wheelchairs
- Beds, etc.



**Contact the following organizations directly for information and availability of equipment.**

### **LIONS CLUB**

406-309-5380

Used eyeglasses and hearing aids available through an application process.

### **SUMMIT INDEPENDENT LIVING CENTER**

406-257-0048

### **VFW CLUB – KALISPELL**

406-752-2611

### **VFW CLUB – WHITEFISH**

406-862-4949

### **VETS' PANTRY – KALISPELL**

406-756-7304

### **WHITEFISH PHYSICAL THERAPY**

406-862-9378

Donations of items are also greatly appreciated by these providers.

(Drop boxes to recycle eyeglasses and hearing aids are located around town in optical departments and pharmacies.)

## DISABILITY ADVOCACY AND SERVICES

### AARP SAFE DRIVING PROGRAM

**Steve Shapiro, Area Coordinator**

406-837-2008

Eight-hour course designed for drivers 50 years of age and over. Classes are led by trained volunteers, with a nominal fee to cover course materials. Upon completion, a certificate may qualify for a reduced auto insurance rate.

### DISABLED DRIVING PROGRAM

**Logan Health Medical Center Occupational Therapy**

310 Sunnyview Lane, Kalispell MT 59901

406-751-4520

This program provides an assessment of the skills necessary for driving. Training occurs in a specially equipped car which is modified with hand controls, steering knob, left-sided accelerator and passenger brake. Training is done by an experienced occupational therapist.

A prescription from a physician is necessary for an assessment and/or training. The client must have had a driver's license previously, but does not need to have a current license. The service provides in-depth information regarding driving skills, but does not license a person to drive.

In-clinic assessment, approximately \$160.00

Full driving assessment, approximately \$370.00

(Medicare does not pay for the assessment).

### DISABLED DRIVING PERMIT/LICENSE PLATES

**Flathead County Motor Vehicle Department**

935 1<sup>st</sup> Ave. W., Kalispell MT 59901

406-758-5690

Applications are also available online [www.doj.mt.gov/driving/forms](http://www.doj.mt.gov/driving/forms)

A licensed physician, chiropractor, or Advanced Practice Registered Nurse must complete the "Medical Certification for Individual" portion of the application.

**Permits** are displayed in the windshield of the vehicle and allow the person to park in the designated handicapped parking areas.

**License Plates** have a decal of a wheelchair indicating a person with a disability is driving.

## DENTAL CARE SERVICES

### FLATHEAD COMMUNITY DENTAL CLINIC

1035 1<sup>st</sup> Ave. W., Kalispell MT 59901

406-751-8113

[www.flatheadhealth.org](http://www.flatheadhealth.org)

Located in the Flathead City-County Health Center



### SHEPHERD'S HAND CLINIC

5150 River Lakes Pkwy, Whitefish MT 59937

406-260-3502

[www.sheperdshand.com](http://www.sheperdshand.com)

For acute dental issues

### HEALTHY GLO ON THE GO

Mobile Dental Hygiene Service

406-471-4549

[www.healthylodental.com](http://www.healthylodental.com)

Provides dental hygiene services to long-term and assisted care residents, group homes, and homebound residents.

Payment options include private pay, Medicaid, and dental insurance.

### DONATED DENTAL SERVICES

Dental Lifeline Network of Montana

406-449-9670 or 888-449-9670

[www.DentalLifeline.org](http://www.DentalLifeline.org)

Helps people with disabilities or over 65 or medically fragile and cannot afford needed dental care. Visit the website to download an application.

## TOENAIL CLIPPING SERVICES

### WHITEFISH COMMUNITY CENTER

121 E 2<sup>nd</sup> St. Whitefish MT 59937

406-862-4923

Third Thursday of the month from 3-5pm. Prices vary depending on service.

Reservations required. Call 406-862-4923 to schedule.

### NORTH VALLEY SENIOR CENTER

205 Nucleus Ave. Columbia Falls MT 59912

406-892-4087

There is a \$10.00 fee. Call the Senior Center to schedule a reservation.

## VISION SERVICES

### LOW VISION MONTANA (LVM)

406-444-3159

[www.lowvisionmt.org](http://www.lowvisionmt.org)

LVM addresses the diagnostic, emotional and technological needs of visually impaired individuals. They help access community, social and agency resources and make low vision equipment available for demonstration and evaluation. They also make referrals to peer and support groups.



### BLIND AND LOW VISION SERVICES

877-296-1197

[www.dphhs.mt.gov/dsd](http://www.dphhs.mt.gov/dsd)

A State of Montana Agency, the goal of this program is to provide services to older visually impaired and blind individuals so they can live more independently.

### MONTANA ASSOCIATION FOR THE BLIND

406-442-9411

[www.mabsop.org](http://www.mabsop.org)

A non-profit organization to promote the economic and social self-sufficiency of blind Montanans.

### MONTECH

Montana Assistive Technology Program

700 SW Higgins Ave., Suite 250, Missoula MT 59803

406-243-5511

## **DISABILITY RESOURCES**

### **OPPORTUNITY RESOURCES, INC.**

945 4<sup>th</sup> Ave E, Kalispell MT 59901

406-407-9528 Kristina Ritchie, Kalispell

406-329-1782 Jessica Hageman, Missoula

Provides services and support for developmentally disabled adults.

Hours: Monday thru Friday 8:00 am to 5:00 pm.

### **SUMMIT INDEPENDENT LIVING CENTER**

1203 Hwy 2 W, Suite 35, Kalispell MT 59901

406-257-0048

[www.summitilc.org](http://www.summitilc.org)

Provides tools and resources for individuals with all types of disabilities.

Hours: Monday thru Friday 8:00 am to 5:00 pm.

## **OTHER RESOURCES**

### **WESTERN MONTANA CHAPTER**

2681 Palmer St, Suite K, Missoula MT 59808

406-327-7886

[www.westernmontanachapter.org](http://www.westernmontanachapter.org)

Provides payee and guardianship services to elderly individuals and adults with disabilities who need help managing their finances and assets.

### **PUBLIC LIBRARY SERVICES**

Imagine if Library (Flathead County Library)

247 1<sup>st</sup> Ave E., Kalispell MT 59901

406-758-5820

[www.imagineiflibraries.org](http://www.imagineiflibraries.org)

Personal Shopper service—Books, movies, other materials can be ordered online through the Imagine If library system, the customer can then pick them up at the local library.

Curbside Service—The Kalispell branch will deliver your library materials to your vehicle if you contact them in advance.

## VETERANS INFORMATION

Toll Free for All Departments – 877-468-8387

### MONTANA VETERANS AFFAIRS DIVISION

2989 Hwy 93 N, Kalispell MT 59901

406-755-3795

Fax 406-755-1039

[kalmvad@centurytel.net](mailto:kalmvad@centurytel.net)

David Lake or Randy Winter



### VA PRIMARY CARE CLINIC

31 Three Mile Dr Suite 102, Kalispell MT 59901

406-758-2700

Fax 406-758-2750

### VA MONTANA HEALTH CARE SYSTEM

3687 Veteran Dr., P O Box 1500, Fort Harrison MT 59636

406-442-6410

Fax 406-447-7916

### VA PHARMACY – FORT HARRISON

406-447-7580

Fax 406-447-7569

### VETERANS BENEFITS INFORMATION

Toll Free 1-800-827-1000 [www.va.gov](http://www.va.gov)

### VDC VETERAN DIRECTED CARE PROGRAM

40 11<sup>th</sup> St W, Kalispell MT 59901

406-758-2478 Terri Vuicich

Fax 406-758-5732

Services include personal care, household tasks, home maintenance, emergency response services, and consumable medical supplies.

### TRANSPORTATION

Medical appointments to Fort Harrison are Tuesdays and Thursdays. Call 406-755-5617

## HOSPITALS AND CLINICS

### LOGAN HEALTH MEDICAL CENTER

310 Sunnyview Lane, Kalispell MT 59901

406-752-5111

[www.logan.org/krmc](http://www.logan.org/krmc)



### LOGAN HEALTH-WHITEFISH

1500 Hospital Way, Whitefish MT 59937

406-863-3500

[www.logan.org/nvh](http://www.logan.org/nvh)

Many clinics and other healthcare facilities are available in Kalispell and the surrounding communities of Bigfork, Columbia Falls, Lakeside, and Whitefish.

Information can be found online, and in the local Yellow Pages under Clinics and Hospitals.

## HOME HEALTH AGENCIES

Home Health care is a wide range of health care services that can be provided in the patient's home to treat an illness or injury. Home health care helps you get better, regain your independence, and become as self-sufficient as possible.

Examples of skilled home health services include:

Skilled nursing care

Speech, physical and occupational therapy

Wound care

Patient and caregiver education

Intravenous or nutrition therapy

Injections

Monitoring serious illness and unstable health status

**Doctor's orders are needed to start care. (If your doctor prescribes Home Health, Medicare will pay for the services.)**

Once your doctor refers you for home health services, the home health agency will schedule an appointment and come to your home to talk to you about your needs and ask you some questions about your health.

The home health agency staff will also talk to your doctor about your care and keep your doctor updated about your progress.

It is important that home health staff see you as often as the doctor ordered.

## **HOME HEALTH AGENCY PROVIDERS**

### **FLATHEAD CHOICE HOME HEALTH**

736 S Main St., Kalispell MT 59901  
406-751-6800

Medicare and Medicaid certified, which means most insurance plans will cover the services 100% with no cost to the client.

Providing professional care for chronic and acute illness or injury and post-operative care. Skilled nursing care, speech therapy, physical therapy and occupational therapy available. A medical social worker is available to help access community resources and provide short term counseling to patients with a new diagnosis.

Flathead Choice Home Health has been named in the top 25% of Home Health Agencies for eight years in a row and is a FOUR STAR rated Medicare agency.

### **HOME OPTIONS HOME HEALTH**

430 Windward Way, Suite 101, Kalispell MT 59901  
406-751-4200

When you are ill or recuperating from a medical condition, Home Options can provide a full range of professional services in the comfort of your own home.

Skilled care can be provided under the direction of your physician. These services can be covered under Medicare, Medicaid or private insurance for those who meet the eligibility criteria.

## **HOSPICE CARE**

Hospice promotes comfort, dignity, support, safety and symptom-management at the end of life. The hospice philosophy incorporates a holistic approach to working with individuals and their families.

Hospice is for individuals who have been diagnosed with a terminal illness as determined by their physician when curative treatments are no longer available. It can be provided in the home, nursing home, or assisted living setting.

### **FRONTIER HOSPICE**

29 2<sup>nd</sup> St E., Kalispell MT 59901  
406-755-4923

### **HOME OPTIONS HOSPICE**

430 Windward Way, Suite 101, Kalispell MT 59901  
406-751-4200

## IN-HOME CAREGIVERS

When routines of daily living become difficult for seniors, in-home caregivers can step in and provide assistance with personal care and homemaker services.

**NOTE: Only a nurse can administer medications!** Someone hired to do personal care can give med cues to a client and remind them to take their meds, but they cannot hand them the meds or handle them in any way.

### A PLUS HEALTH CARE

1310 S Main St., Kalispell MT 59901

406-755-4968

[www.aplushc.com](http://www.aplushc.com)

Help with bathing, dressing and hygiene

Assistance with safe ambulation as well as transfers

Nutritional support with meal planning and preparation

Assisting with self-administering medications

Transportation assistance with grocery shopping and medical appointments

Light housekeeping and homemaking services

Respite care

Payment accepted from Medicaid, private insurance and private pay.

### ADDUS HEALTH CARE

2210 Hwy 2 E., P O Box 9316, Kalispell MT 59904

406-257-1101

Assistance with bathing, grooming, dressing and other personal hygiene tasks

Housework, washing windows, laundry and snow shoveling

Meal preparation

Transportation and shopping

Assistance and transportation to medical appointments

Implementation of prescribed physical therapy

Medicaid, VA, or private pay. Payments accepted from long term care insurance at a negotiated rate.

### **AT HOME CONVENIENT CARE**

Randall Holgate, PCA

406-270-8244

[Randallh123@gmail.com](mailto:Randallh123@gmail.com)

Assist with activities of daily living and daily status checks

Meal preparation, grocery shopping, medication reminders

Respite for other caregivers

Registered nurse assistance available for medication set-up

Medical bill reviews, multiple provider coordination

RN consult

Quality services to enrich the lives of our elderly clients, while promoting independence and dignity.

### **COMFORT KEEPERS**

95 Indian Trail Rd., Kalispell MT 59901

406-755-4030

[NWMontana@comfortkeepers.com](mailto:NWMontana@comfortkeepers.com)

In-home companionship care

Medication reminders

Meal preparation, light housekeeping, laundry

Grocery shopping and errand services

Transportation

24-hour care available

Periodic review with family

Respite care

Our mission is to provide our clients with the highest level of quality of life that is achievable.

### **EPAGA HOME CARE INC.**

40 Appleway Dr., #3402, Kalispell MT 59901

406-755-4633 Inga J Lake and Julie Brubaker

Experienced care for every situation

Services tailored to the individual needs of the client

Personal care, bathing, feeding, nutritional support

Companionship, light housekeeping, medication reminders

Respite care

Payments accepted from Medicaid, VA and private pay.

**LOYAL CARE**

702 E Idaho St., Kalispell MT 59901

406-752-0146

Personal care assistance with eating, bathing, dressing

Dietary assistance, medication reminders, homemaker services

Household chores, laundry

Shop, plan, prepare and clean up meals

Escort to appointments and house of worship

Loyal Care is a provider of non-medical in-home care services, dedicated to caring for the needs of clients with dignity, respect and compassion. The caregivers provide functional support services that enable clients to remain in the comfort of their home. Loyal Care works with private-pay clients, qualifying Agency on Aging clients, and those who receive VA benefits. Please call for a free consultation and assessment by the on-staff nurse.

**SAINT ANNE'S SERVICES**

P O Box 3401, Kalispell MT 59903

406-249-6071

Meals and nutrition, specialty diets

Household chores, laundry

Transportation, errands, shopping

Personal care, short and long-term illness and post-op recovery

Respite care for families

Hospice support

Flexible hourly care

Available 24 hours

**SYNERGY HOME CARE**

1069 N Meridian Rd., Kalispell MT 59901

406-797-2711

[www.synergyhomecare.com](http://www.synergyhomecare.com)

Complete home care and companion services.

Personal care

Light housekeeping

Medication Reminders

Respite care for family members

Escort for shopping and errands

## **BIG SKY I.V. CARE**

560 Cascade Loop, Suite 1, Kalispell MT

406-752-0440

[www.bigskyivcare.com](http://www.bigskyivcare.com)

Big Sky I.V. Care is a home infusion pharmacy and nursing service comprised of professionals who have more than 35 years of home infusion and health care experience. We can be reached 24 hours a day, 7 days a week to care for our patients. Therapies include:

Infusion nursing care

Enteral nutrition and nutrition assessment

PICC lines

Antibiotics

Catheter care

Antiviral therapy

Pain management

Respiratory medications

Chemotherapy



## **WALGREENS/OPTIONS CARE**

175 Commons Loop, Suite 400, Kalispell MT 59901

406-752-4545

Walgreens/Option Care provides medically stable patients with I.V. (parenteral) and nutritional (enteral) therapies in the home as an alternative to extended hospitalization. Also provided are injectable drugs and unit dose respiratory medications for use with nebulizers.

Registered pharmacists and nurses are available 24 hours a day, 7 days a week. The locally based program ensures that patients can be assisted immediately. A registered dietician is on staff to assist with dietary needs

Antibiotic

Chemotherapy

Hydration

Pain management

**BIG SKY MOBILE IMAGING LLC**

**MONTANA'S ONLY BEDSIDE X-RAY**

Nathan Purdy M.D., M.H.S.A. Owner

406-944-1313

Fax 406-206-5015

Open 7 days a week.

Locally owned and operated, we are providing the first and only mobile X-ray service in Montana. We currently provide X-rays to patients where they are, in their own home, nursing home, assisted living, on hospice, or receiving home health services.

Our fully digital and portable machines provide state of the art digital images at your bedside, are read by board certified radiologists, and can be viewed by any physician or other provider through our online portal. Reports can be in your doctor's hands within an average of 30 minutes.

We will come to you. Your bedside. Same day. No waiting line. Medicare, Medicaid, and all major insurance are accepted.

"I want to bring healthcare services to the people, where they are. Why not? We have the technology."

Nathan Purdy M.D., M.H.S.A.

## **DAY CARE**

Day Care Programs usually provide oversight of medication as well as social and recreational programs. The people who benefit most from day care activities are those who live alone, or whose family and friends work during the day. These programs usually operate five days a week, 8:00 am to 5:00 pm. The medical help available is usually limited to administering medications or minor medical treatment supervised by a registered nurse. Occasionally, speech or hearing therapy, physical therapy, or occupational therapy is available, but participants are expected to be mobile.

Medicaid is probably the major source of payment for most people, and providers must approve each person's eligibility.

## **RESPITE CARE**

Respite care offers support so family or other caregivers can take a break from the demands of continual home care. When someone cares for a person in their home, they may need temporary replacement support when they are unable to provide the care that is needed, such as during a vacation, an emergency, or working hours.

Respite may range from short term care provided for a few hours to an extended number of days or weeks. It may include nursing care, chore services, and meals depending on the provider.

## **DAY CARE AND RESPITE CARE PROVIDERS**

### **BRENDAN HOUSE**

350 Conway Dr., Kalispell MT 59901  
406-752-5460

### **EDGEWOOD VISTA**

141 Interstate Lane, Kalispell MT 59901  
406-755-3240

### **FRIENDSHIP HOUSE**

606 2<sup>nd</sup> Ave W., Kalispell MT 59901  
406-257-8375

### **HERITAGE PLACE**

171 Heritage Way, Kalispell MT 59901  
406-261-6373

**LAKEVIEW CARE CENTER**

1050 Grand Ave., Bigfork MT 59911  
406-837-5041

**RENAISSANCE ASSISTED LIVING**

645 Liberty St., Kalispell MT 59901  
406-755-4483

**VALLEY VIEW SENIOR CARE**

260 Windsong Way, Kalispell MT 59901  
406-270-3549

**WEL-LIFE**

156 Three Mile Dr., Kalispell MT 59901  
406-756-8688

**ADULT FOSTER CARE HOMES**

If a senior feels very comfortable in a family home type environment with the same care provider every day, then this may be the ideal placement. They can enjoy a meal at the dining room table with other like-minded residents or visit with others in the family living room, yet watch TV in the privacy of their own bedroom. These homes are licensed for up to 4 residents, but may only be set up for 1 or 2.

**ITZ 4 U AFH**

182 Nicholson Dr., Kalispell MT 59901  
406-752-4153

**VALLEY VIEW SENIOR CARE**

260 Windsong Way, Kalispell MT 59901  
For information contact [www.SeniorCareHomes.com](http://www.SeniorCareHomes.com)  
406-270-3549

## **ASSISTED LIVING HOMES**

Assisted living homes are distinguished from facilities such as retirement homes by one major characteristic – the residents of assisted living homes need some degree of protective oversight because of disability, age, and/or a higher level of dependency that requires 24-hour supervision, but not skilled nursing care.

Protective oversight means that the resident needs supervision in such areas as nutrition, medications, bathing, grooming, feeding, etc. Residents may have varying degrees of mental impairment that prohibits them from recognizing and/or responding to emergency situations, or that results in difficulty in basic orientation to time, place, people, etc.

### **KALISPELL**

#### **BEEHIVE OF KALISPELL (Memory Care)**

242 Stillwater Rd., Kalispell MT 59901  
406-752-4902  
Memory Care Facility

#### **BUFFALO HILLS TERRACE**

40 Claremont St., Kalispell MT 59901  
406-752-9624  
(The Lodge—Memory Care wing)

#### **ECHOVIEW**

1373 Whitefish Stage, Kalispell MT 59901  
406-314-2233

#### **EDGEWOOD VISTA (Memory Care)**

141 Interstate Ln., Kalispell MT 59901  
406-203-1129  
Memory Care Facility

#### **FRIENDSHIP HOUSE**

606 2<sup>nd</sup> Ave W., Kalispell MT 59901  
406-257-8375

#### **PRESTIGE ASSISTED LIVING**

126 Glenwood Dr., Kalispell MT 59901  
406-756-1818  
(Expressions—Memory Care wing)

**RENAISSANCE (Memory Care)**

645 Liberty St., Kalispell MT 59901  
406-755-4483  
Memory Care Facility

**WEL-LIFE**

156 Three Mile Dr., Kalispell MT 59901  
406-756-8688

**BIGFORK**

**RISING MOUNTAINS**

225 Coverdell Rd., Bigfork MT 59911  
406-837-2698

**COLUMBIA FALLS**

**BEEHIVE HOMES of COLUMBIA FALLS**

1660 13<sup>th</sup> St. W., Columbia Falls MT 59912  
406-892-4100

**HIDDEN MEADOW (Memory Care)**

240 Hidden Meadow Ln., Columbia Falls MT 59912  
406-897-1017  
Memory Care Facility

**TIMBER CREEK VILLAGE**

375 Meadow Lake Blvd., Columbia Falls MT 59912  
406-892-3400

**WHITEFISH**

**THE SPRINGS**

1001 River Lakes Pkwy., Whitefish MT 59937  
406-862-6322  
(Footsteps—Memory Care wing)

## **NURSING HOMES**

Nursing homes provide a next level of care when seniors need skilled care beyond what Assisted Living homes can provide. Registered nurses are available to administer medications and provide 24-hour supervision in areas such as nutrition, bathing, feeding, etc.

Some Nursing homes also provide rehabilitation services following surgery, illness, or injury.

### **KALISPELL**

#### **IMMANUEL SKILLED CARE CENTER**

185 Crestline Ave., Kalispell MT 59901  
406-752-9622

#### **BRENDAN HOUSE**

350 Conway Dr., Kalispell MT 59901  
406-751-6500

#### **HERITAGE PLACE**

171 Heritage Way, Kalispell MT 59901  
406-755-0800  
(Memory Care wing)

### **BIGFORK**

#### **LAKE VIEW HEALTH CARE**

1050 Grand Ave., Bigfork MT 59911  
406-837-5041

### **COLUMBIA FALLS**

#### **MONTANA VETERANS HOME**

400 Veterans Dr., Columbia Falls MT 59912  
406-892-3256  
(Memory Care wing)

### **WHITEFISH**

#### **INVIGORATE WHITEFISH CENTER**

1305 E 7<sup>th</sup> St., Whitefish MT 59937  
406-862-3557

## **OMBUDSMAN PROGRAM**

Ombudsmen are advocates for residents in nursing homes and assisted living facilities. They problem solve concerns or issues and empower residents to speak for themselves. If that is not possible, for whatever reason, the ombudsman will speak for the resident.

Ombudsmen visit facilities on a regular basis to meet with residents, families, and attend resident councils. They provide information about nursing home care as well as other topics such as Medicaid, Medicare and Social Security. They are trained to investigate complaints about health, safety, and welfare of residents, and assist them in exercising their rights.

**The resident is the primary focus of the program.** All actions must be for the good of the resident.

### **CERTIFIED LOCAL OMBUDSMAN**

#### **SUSAN KUNDA**

Agency on Aging  
40 11<sup>th</sup> St. W., Suite 100, Kalispell MT 59901  
406-758-5737 or 1-800-551-3191

### **STATE OMBUDSMAN**

#### **MONTANA HEALTH & HUMAN SERVICES**

P O Box 4210, Helena MT 59604  
1-800-332-2272

## **SUPPORT GROUPS**

### **ALZHEIMER'S SUPPORT GROUPS**

Anyone who cares for or wants to learn about this disease that affects memory, reasoning, and judgment. Focus is on sharing experiences and information.

#### **IMMANUEL LUTHERAN COMMUNITIES**

Meetings are third Monday of the month at 3:00 pm, at Buffalo Hill Terrace.  
For information contact Hannah Brown  
406-858-0653

#### **BUFFALO HILL TERRACE**

40 Claremont St., Kalispell MT 59901  
406-752-9622

#### **MONTANA VETERANS HOME**

400 Veterans Dr., Columbia Falls MT 59912  
406-892-3256

#### **THE SPRINGS**

1001 River Lakes Parkway, Whitefish MT 59937  
406-862-6322

### **BEREAVEMENT SUPPORT GROUPS**

Support for those who have lost loved ones due to death. Structured, goal-oriented groups meant to provide support and a safe, confidential place to share common experiences, decrease isolation, and help each other develop and grow through grief.

#### **HOME OPTIONS HOSPICE**

406-751-4200 Terri Hayden  
Home Options clients sign up for a 6-week group class.

#### **FRONTIER HOSPICE**

42 Bruyer Way, Kalispell MT 59901  
406-755-4923 Jennifer Schaffner  
Groups meet every Thursday evening, in an open group setting.

**TAMARACK GRIEF RESOURCE CENTER**

406-261-0724 Aubrey Howell

[www.tamarackgrc.org](http://www.tamarackgrc.org)

This organization offers group workshops, and other support for those who are grieving. Information and sign-up for upcoming events is on the website.

**BLIND, MONTANA ASSOCIATION****NORTHRIDGE LUTHERAN CHURCH**

323 Northridge Dr., Kalispell MT 59901

406-314-1367 Glenn Benesch

**CANCER SUPPORT GROUPS****PROSTATE CANCER**

The Summit, 205 Sunnyview Lane, Kalispell MT 59901

406-756-5830

Anne Scott-Markle or Ginny Hoffman

Support group for partners of men with this illness

**WOMEN'S CANCER**

343 Sunnyview Lane, Kalispell MT 59901

406-752-1790 Karen Hunnicutt

**'FREE', CANCER SURVIVORS**

Wellness Center, North Valley Hospital

406-863-3642

An outdoor adventure program for people living beyond cancer. Through wilderness experiences, the 'FREE' program promotes healing on a physical, emotional, and spiritual level.

This program is a collaborative effort between Flathead Valley Community College and North Valley Hospital.

### **CHRONIC PAIN SUPPORT GROUP**

The Summit, 205 Sunnyview Lane, Kalispell MT 59901

406-250-5252 Dr. Alex Bokor

Open to those who have chronic pain and to their family, friends, and caregivers.

### **FIBROMYALGIA SUPPORT GROUP**

The Summit, 205 Sunnyview Lane, Kalispell MT 59901

406-253-7228 Jerry Edmondson

### **GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP**

Northridge Lutheran Church, 323 Northridge Dr., Kalispell MT 59901

406-756-1414 Michelle Wheat

An opportunity to share information and socialize with others in a similar situation.

### **HUNTINGTONS DISEASE SUPPORT GROUP**

406-892-3179 JoAnn Fredenberg

406-862-3977 Patty Morris

Call for meeting times and location.

### **INSULIN PUMP SUPPORT GROUP**

Buffalo Hill Conference Center, 40 Claremont Ave., Kalispell MT 59901

406-751-5454 Christie Hicks

The intent of this support group is to get insulin pump patients together so they can share their tips and tricks, and receive education.

### **LUPUS SUPPORT GROUP**

The Summit, 205 Sunnyview Lane, Kalispell MT 59901

406-837-1055

Also includes Fibromyalgia and Autoimmune Diseases

### **MENTAL HEALTH – NAMI**

Adult Mental Health Services Center, 410 Windward Way, Kalispell MT 59901

406-885-3865 Tom Bartlett

Support is offered along with advocacy for better, improved services and education about mental illness to reduce the stigma associated with it.

### **MULTIPLE SCLEROSIS SUPPORT GROUP**

Buffalo Hill Terrace, 40 Claremont Ave., Kalispell MT 59901  
406-755-6151 Sharon Shropshire  
406-752-1275 Char Kaber

### **PARKINSON'S SUPPORT GROUP**

406-250-5577 Marjory

### **PARKINSON'S CAREGIVERS SUPPORT GROUP**

406-420-2321 Lyn Woods

### **SJOGREN'S (SHOW-grins) SYNDROME SUPPORT GROUP**

406-849-5537 Tedi Marie Schilling

We welcome all who are interested in this disease to attend our meetings. "Conquering a serious autoimmune disease affecting 4 million Americans"

### **STROKE SUPPORT GROUP**

Kalispell Regional Healthcare, 310 Sunnyview Lane, Kalispell MT 59901  
406-751-7165 Dani Walker

Connecting stroke survivors and their families with educational tools and resources, and foster support, learning and healing. Any interested person is welcome to attend.

### **SUICIDE SUPPORT GROUP**

406-871-4607

SOLAS – Surviving Our Loss After Suicide – is a community support group for persons affected by suicide loss.

### **TRAUMATIC BRAIN INJURY ASSOCIATION**

The Summit, 205 Sunnyview Lane, Kalispell MT 59901  
406-756-4725 Sue Crawford  
406-756-4723 Kathy Hansen

Brain Injury Association of America

Montana – Phone 703-761-0750 – local  
1-800-444-6443 – Brain injury information

Email [braininjuryinfo@biausa.org](mailto:braininjuryinfo@biausa.org)

Website <http://www.biausa.org>